# VICKS<sup>®</sup> Comfort-Flex<sup>™</sup> Digital Thermometer



#### READ AND SAVE THESE INSTRUCTIONS

Thank you for purchasing the VICKS® Comfort-Flex™ Digital Thermometer with Speed-Read, a professionally accurate instrument for comfortably measuring body temperature. Please read these instructions carefully to ensure accurate temperatures and safe operation. When used properly, this high quality product will give you years of accurate, dependable service.

### IMPORTANT SAFETY INFORMATION

- ▶ High, prolonged fever requires medical attention especially for young children. Please contact your physician.
- ▶ Do not allow children to take their temperatures unattended.
- ▶ Do not allow children to walk or run during temperature taking.

If you have any questions or comments about the VICKS<sup>®</sup> Comfort-Flex™ Digital Thermometer, call our toll-free Consumer Service Line: 1-800-477-0457.

#### **TEMPERATURE READINGS**

Temperature readings vary from person to person. Although there is no one "normal" temperature reading, a temperature, taken orally, ranging between 97°F and 100°F is considered normal. A rectal temperature is generally 1° higher and an underarm (axillary) temperature will be 1° lower.

The best method to determine your own normal temperature is to use the thermometer when you are feeling well. Record your reading twice a day (early morning and late afternoon). Take the average of the two temperatures. This is considered your normal body temperature. Any variation from it may indicate some sort of illness and you should consult your physician.

#### **BEFORE USE**

Your VICKS® Comfort-Flex™ Digital Thermometer is a 3-in-1 thermometer for oral, rectal, or underarm use. Whichever method is used, it is recommended that for 15 minutes prior to use, avoid eating or drinking any liquids, exercising, taking showers or baths, or smoking.

#### PROBE COVERS

Disposable probe covers are provided with your VICKS® Comfort-Flex™ Digital Thermometer. Place a cover on the probe tip each time the thermometer is used to help prevent contamination. Additional probe covers can be purchased at most drug stores or pharmacy departments.

### OPERATING YOUR VICKS® COMFORT-FLEX™ DIGITAL **THERMOMETER**

Press the On/Off button to activate the thermometer. A beep will sound and the display light will come on. The display will first show the LCD display test (Fig. 1) and then show the last reading. After 5 seconds, the display will be in the ready mode (Fig. 2) and the state of the second state of th display light will go off.





### **ORAL USE**

- 1. Cover the thermometer's tip with a probe cover.
- 2. Place the probe tip well under the tongue. (Fig. 3) Place sensor tip in areas marked with "\( \sigma \)". The mouth should remain closed during the measurement to ensure an accurate reading. Be careful not to bite the thermometer.
- 3. When the peak temperature is reached (10-20 seconds), 10 beep signals will sound and the "°F" sign will stop flashing and display light will come on. The temperature is now ready to read and will not change when the thermometer is removed.



Fig. 3

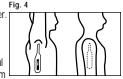
- 4. Turn the thermometer off by pressing the On/Off button. The display light will come on automatically to illuminate the last reading, then unit will power off. If you forget to turn it off, the thermometer will automatically turn off after approximately 9 minutes.
- 5. Dispose of used probe cover and wash the thermometer as recommended.

### UNDER-THE-ARM (AXILLARY) USE

This method used for babies and young children but less accurate and takes longer.

1. Wipe the underarm with a towel.

- 2. Cover the thermometer's tip with a probe cover.
- 3. Place the probe tip under the arm so the tip is touching the skin and position your arm next to your body (Fig. 4). With a young child, it is sometimes helpful to hug the child to keep their arm next to their body. This ensures that the room air does not affect the probe.



- 4. When the peak temperature is reached (usually 20-30 seconds but sometimes longer for this method) 10 beep signals will sound and the "°F" sign will stop flashing and display light will come on. The temperature is now ready to read and will not change when the thermometer is removed. Remember that this method produces a temperature 1° lower than a temperature taken orally.
- 5. Turn the thermometer off by pressing the On/Off button. The display light will come on automatically to illuminate the last reading, then unit will power off. If you forget to turn it off, the thermometer will automatically turn off after approximately 9 minutes.
- 6. Dispose of used probe cover and wash the thermometer as recommended.

#### **RECTAL USE**

Commonly used for babies, young children, or when it is difficult to take an oral or underarm temperature.

- 1. Cover the thermometer's tip with a probe cover and lubricate with a water-soluble jelly for easier insertion. Do not use a petroleum jelly. Read the label of the lubricant to be sure you are using the right kind.
- not use a petroleum jelly. Read the label of the lubricant to be sure you are using the right kind.

  2. Lay the patient on his/her side. If the patient is an infant, the proper position for a baby is to lay on its stomach with less harder down sither earnest your lesses and the edge of a bad or charging table. This positions the
- with legs hanging down, either across your knees or at the edge of a bed or changing table. This positions the infant's rectum for safe and easy insertion of the thermometer.

  3. Gently insert the tip of the thermometer NO MORE THAN 1/2 inch into the rectum. If you detect resistance, stop.
- Hold the thermometer in place during measurement.

  4. When the peak temperature is reached (usually 10 seconds) 10 beep signals will sound and the "°F" sign will
- stop flashing and the display light will come on. The temperature is now ready to read and will not change when the thermometer is removed. Remember that this method produces a temperature 1° higher than a temperature taken orally.
- 5. Turn the thermometer off by pressing the On/Off button. The display light will come on automatically to illuminate the last reading, then unit will power off. If you forget to turn it off, the thermometer will automatically turn off after approximately 9 minutes.
- 6. Dispose of used probe cover and wash the thermometer as recommended.

# **AUTOMATIC NIGHT GLOW DISPLAY**

The night glow display works automatically as you turn your Vicks thermometer on or off. When turned on, the display will glow for 5 seconds to illuminate the last temperature taken and the ready display. When you turn off the thermometer, the display will glow again, illuminating the temperature reading for 4 seconds for easier nighttime reading.

### TO RECALL THE LAST TEMPERATURE

When the thermometer is turned on, the last measured temperature will be shown in the LCD display with the letter "M" shown under the degree sign for approximately 3 seconds.

## **CLEANING INSTRUCTIONS**

- ► Clean the thermometer by washing with soap and warm water or rubbing alcohol (70% isopropyl alcohol).
- Wipe dry with soft cloth.
- DO NOT BOIL OR CLEAN IN DISHWASHER. This will cause the thermometer to no longer function and will void the warranty.
- ▶ Do not wash the unit with any thinner or chemical solvent.

### **CHANGING THE BATTERIES**

The VICKS® Comfort-Flex™ Digital Thermometer features a long life, mercury free battery. When the "▼" appears in the lower right of the display, the battery is exhausted and needs replacing.

- With a coin or screwdriver, release cover lock located on the back of the thermometer and remove the battery with a non-metallic instrument.
- 2. Carefully discard the old battery. Keep out of reach of young children, elderly and pets.
- Replace with a type SR41 (long life), LR41, or equivalent, making sure the positive (+) side is facing the back of the thermometer.
- 4. Replace battery cover. Your thermometer is now ready for use.

### LIFETIME WARRANTY

Your VICKS® Comfort-Flex™ Digital Thermometer is durable and manufactured for a lifetime of normal, household use. Following directions carefully will ensure years of dependable operation. If for any reason (other than misuse or normal battery replacement) you are dissatisfied with your VICKS® Comfort-Flex™ Digital Thermometer, we will repair or replace it, at our option, free during your lifetime.

If the thermometer does not function properly, first check the battery. Replace if necessary. If repair is necessary call our Consumer Service Department at 1-800-477-0457 or write to KAZ Thermometer Service Department, One Vapor Trail, Hudson, NY 12534, explaining just how the thermometer is improperly working. Our consumer service representative will provide further instruction on how to correct the trouble yourself or will ask you to return the thermometer for repair or replacement.



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