




**Philips Lumea IPL hair removal system SC2001 with IPL technology
SC2001/00**

Tips and tricks

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
How to use

+ Prevent painful treatment

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Philips Lumea IPL hair removal system SC2001 with IPL technology**SC2001/00**Close window Print this page **After treatment****Question**

After care

Answer

> If you experience skin redness after the treatment - which is normal and harmless - you can diminish the redness by cooling the skin with a towel drenched in cold water or with some ice.

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Before use

Question
Good preparation is half the work
Answer
<p>> Before you use Philips Lumea, you have to shave the areas you want to treat as closely as possible with a blade or an electric shaver. If your skin is sensitive and reacts to shaving by developing irritation or small cuts/wounds, the light treatment might feel unpleasant on your skin. The advantage of using Philips Lumea continuously is that, after a number of treatments, you no longer have to shave before using the appliance. This also means that you will no longer face problems with your skin becoming sensitive due to shaving. The tips below may help to minimize this problem:</p> <p>a) Trim the hairs as short as possible using a trimming comb (e.g. one on a bikini trimmer like the Bikini Perfect from Philips). The trimming comb ensures that the cutting element of the trimmer does not touch the skin, which reduces skin irritation.</p> <p>b) Shave the areas a few hours before you start using Philips Lumea. This allows any skin irritation that might occur to subside, which ensures that the light treatment will be less perceptible.</p> <p>c) To prevent injuries you might take a not completely new blade.</p> <p>> To prevent skin reactions after shaving, use an ultrasonic gel to shave the areas you want to treat. You can order an ultrasonic gel very easily on the internet or buy it in stores with medical accessories. The neutral ingredients of an Ultrasonic gel makes it very well suited for normal to sensitive skin types and the possibility of developing skin reactions is quite low. Furthermore the gel helps the blade to glide smoothly over your skin and this helps you achieve good shaving results.</p> <p>> To minimize skin reactions shave the areas you want to treat in a slow manner and also stretch the skin during shaving.</p> <p>> If you have problems with ingrown hairs, Philips Lumea may help you get rid of these. If shaving before using Philips Lumea causes ingrown hairs, pull them out with a pair of tweezers once. The treatment with light prevents hair regrowth and therefore minimizes the occurrence of ingrown hairs in future.</p>

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Best result

Question

How to achieve best results

Answer

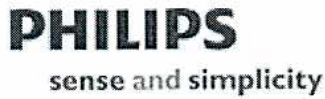
- > When the skin is cool, the root and hair absorb the light more effectively than when the skin is warm or hot. We therefore advise you to wait until your skin has cooled down after taking a sauna or bath before you start the treatment. To speed up the cooling process, cool your skin with a towel drenched in cold water or put ice on the areas to be treated. Before you start the treatment, make sure that the area of skin you want to treat is dry (see tips & tricks "Prevent painful treatment").
- > If you want to treat areas that are hard to reach, ask a friend or your partner to help you with the treatment.
- > It is not allowed to treat on moles, although you may treat the area around a mole if you take certain precautions. If there is a mole in the area you want to treat, mark the area around with a white eye pencil. Treat only areas outside this marked area so that you do not treat on the mole. Use this technique on all areas you are not allowed to treat or do not want to treat (please read the section "Contraindications" in the user manual).
- > The hairs start to fall out in the days or weeks after the treatment. You can expedite this process by scrubbing the treated areas with a towel. The friction peels away the treated hair and makes the smooth results visible and perceptible sooner.
- > To reach optimal results on your underarms, stand in front of a mirror to get a good view of the area to be treated and the 'ready to flash' light. Raise your arm and place your hand in your neck to stretch the skin in the underarm area. The treatment is usually easier to perform on stretched skin because the safety switches can be pressed more easily onto the skin.
- > On some treatment area (e.g. underarm) there may be a spot which proves to be more sensitive to light than the rest of the area. In that case decrease the intensity, if it feels uncomfortable, but keep in mind that a lower intensity may also result in lower than expected efficacy.
- > If you have problems treating on your shinbone, pull your skin gently away from the bony part of your leg while treating this area.
- > For larger areas on the legs it might be difficult to remember where you have already treated or where you have stopped mid way to help you remember easily, take a white eye pencil and mark sections on your leg and conduct the treatment section by section. These sections can be of any size based on your preference and desire for accuracy. If you need to take a break during a treatment just mark the last treated spot with the same marker and resume later.

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Cleaning tips

Question

Cleaning

Answer

> To easily reach the corners of the recessed window use a cotton bud, put some drops of water on it and clean it carefully. Ensure there are no fibers from the bud left behind inside the window.

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Maximum freedom and flexibility to fit your lifestyle

Answer

> The method also gives you the freedom to create different styles. You can create landing strips, conventional bikini lines or Brazilian/Hollywood looks, etc. Therefore shave and treat only the areas where you want to be hair-free. To achieve accurate contouring use a template. Take a sheet of paper with an adhesive layer on one side, cut out the shape you want to create and cover the area you want to leave untreated with it. Then use the Philips Lumea to treat the area around the paper template. Ensure you do not flash ON the paper itself as this can potentially damage the removable window.

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The best time to start with light depilation

Answer

> If possible, start the treatment in winter or spring. After the initial phase (four to five treatments), you can probably skip the shaving step that needs to precede the treatment at first. By starting in winter or spring, you can enjoy smooth skin from the start of summer. The method is also more efficient on skin that is not tanned and hence higher intensities can be used more comfortably.

> Use Philips Lumea IPL hair removal system before you go to bed at night. Any skin irritation that may occur will diminish overnight.

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Prevent painful treatment

Answer

- > Keep the areas you want to treat dry. If you start sweating during the treatment make sure you wipe away any sweat on your skin. If you use Philips Lumea on wet or moist skin, this may result in an unpleasant sensation.
- > If the treatment becomes hot and uncomfortable, take a short break to let your skin and the appliance cool down. Do not decrease the intensity, since this may result in lower efficacy.
- > Pain sensation may be experienced differently from day to day based for different reasons (hormonal status, mood etc); therefore defer your treatment to another day if you are feeling particularly sensitive with the treatment.

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Treatment procedure

Answer

- > You can combine leg treatments with other activities around the house such as watching TV or listening to music to make the experience more enjoyable and relaxing.
- > Start your treatment with the armpits. Treatment in the armpit can be a little tiring because you have to lift your arms during application. But this doesn't last for a long time! You do not have to lift your arms while using the device on bikini area and leg.
- > To keep your total application time as short as possible plan your treatment in advance to ensure you plan a one hour recharge time in between when you treat your legs. If you are planning to treat both full legs you may even find it convenient to treat one leg on the first day and the other one the next day. Do not forget to charge the device after each treatment so that before your next treatment you do not have to spend time waiting for it to re-charge.

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